

# bistro and bar

at Mayfair Clubs

Breakfast available until 11am.

## BREAKFAST

### Cold Cereal \$2.65

Choice of Cheerios, Shreddies or Raisin Bran.

### Hot Oatmeal \$6.75

Served with sliced banana, brown sugar & syrup on the side.

### Yogurt Granola/Berry Parfait \$7.15

Mixed seasonal fruit with plain yogurt & granola.

### Buttermilk Pancakes \$9.00

Four buttermilk pancakes garnished with fresh fruit & served with maple syrup.

### French Toast \$9.25

Three pieces of Texas toast, dipped in a cream, cinnamon and egg wash & pan fried until golden. Sprinkled with icing sugar and served with a side of fresh fruit.

### Breakfast Bagel \$8.25

One egg, three slices of bacon or ham, lettuce & tomato on a bagel.

### Smoked Salmon Bagel \$13.00

Smoked salmon with tomato, onion and capers on a bagel. Served with a side of fresh fruit.

## BREAKFAST SPECIALS

Breakfast specials served with toast & your choice of home fries or house salad.

### Mayfair Bistro Breakfast - Served all day \$9.95

Two eggs any style with your choice of bacon, sausage or peameal bacon. Served with home fries or salad & toast.

### Eggs Benedict \$10.95

Two eggs poached your way & peameal bacon on an English muffin, topped with hollandaise sauce. Served with home fries or salad & a side of fresh fruit.

### Eggs Benjamin \$12.95

Two eggs poached your way & smoked salmon on an English muffin, topped with hollandaise sauce. Served with home fries or salad & a side of fresh fruit.

### Breakfast Burrito \$10.95

Scrambled eggs, ham, bacon, onions, jalapeños & cheddar cheese, wrapped in a whole wheat tortilla.

### European Egg White Frittata \$12.95

Three eggs with spinach, red peppers & goat cheese.

### The Fisherman's Breakfast \$14.50

Two poached eggs on sliced tomato, served with smoked salmon & pita bread, garnished with fruit.

### Protein Breakfast \$14.50

6oz strip loin steak & two eggs any style, garnished with fresh fruit, sliced tomato and sweet potato home fries or house salad.

## OMELETTES

Served with toast & home fries or house salad. Substitute with fruits for \$3.00.

### Mayfair Omelette \$12.95

Three eggs with ham, mushroom, caramelized onions & Monterey Jack cheese.

### Western \$10.95

Three eggs with ham, peppers & onion.

### Mexicana Omelette \$11.25

Three eggs with tomato, onion, coriander, jalapeños & salsa.

### Omelette Your Way \$5.25

Three egg omelette with your choice of the following ingredients. Served with toast only.

Add ingredients for \$2.00/each

Choose: Swiss cheese, cheddar cheese, feta cheese, goat cheese, ham, bacon, peameal bacon, tomato, mushrooms, green peppers, jalapeño, onion, baby spinach & broccoli.

## SIDES

One egg (any style) \$1.55

Bacon (3 pcs) \$2.65

Ham (3 pcs) \$2.70

Peameal Bacon (3 pcs) \$3.15

Smoked Salmon (3 pcs) \$8.00

Toast (1 pc) \$1.55

Bagel \$2.00

Bagel & cream cheese \$3.60

English Muffin \$2.00

French Toast (1 pc) \$3.00

Pancakes (2 pcs) \$4.00

Home Fries \$2.50

Three Tomato Sliced \$1.60

1/2 Avocado \$3.25

Side Fruit Bowl \$6.50

## BREAKFAST BEVERAGES

Coffee \$1.50

Tea \$1.75

Milk (250ml) \$1.50

Hot Chocolate \$2.25

Chocolate Milk (250ml) \$2.25

Bottled Water (500ml) \$2.00

San Pellegrino (500ml) \$3.25

Tomato Juice (284 ml) \$2.50

Tropicana Orange Juice \$3.10

Espresso \$1.75

Cappuccino \$2.95

Café Latte \$2.95

Gatorade \$3.35

G2 \$3.35

**FOOD ALLERGY WARNING:** All menu items may contain peanuts, eggs, dairy or shellfish product.

\*Prices are subject to applicable taxes.