

MULTI-GYM Schedule

801 Lake Shore Blvd. E.
Toronto, ON M4M 1A9
(416) 466-3777 Ext. 2241

SCHEDULE EFFECTIVE: October 10, 2018

| Legend: | | Drop-In Sports/Class | Open Gym | Adult Open Gym | Facility Booking | Kidspace | |
|---------|--|--------------------------------------|---------------------------------------|-----------------------------------|-------------------------|--------------------------------------|----------------------|
| MONDAY | | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| MORNING | 6-11AM OPEN GYM | 6-9:15AM OPEN GYM | 6-10:15AM OPEN GYM | 6-11AM OPEN GYM | 6-11AM OPEN GYM | 7-8:45AM OPEN GYM | 7-9:30AM OPEN GYM |
| | | 9:15-10:05AM YOGO | | | | 8:45-10AM JR. MARTIAL ARTS | |
| | | 10:05-11AM OPEN GYM | 10:15-11AM YOGO | | | 10AM-11AM KIDSPACE | |
| | 11-11:30AM KIDSPACE | 11-11:30AM KIDSPACE | 11-11:30AM KIDSPACE | 11-11:30AM KIDSPACE | 11-11:30AM KIDSPACE | 11AM-12PM LITTLE KIDS SPORTS CLUB | 12-2PM SOCCER |
| EVENING | 11:30AM-4PM OPEN GYM | 11:30AM-5:30PM OPEN GYM | 11:30AM-4PM OPEN GYM | 11:30AM-1:30PM OPEN GYM | 11:30AM-4PM OPEN GYM | 12-1PM JUNIOR MEMBERS CLUB | 2-7:30PM OPEN GYM |
| | 4-4:45PM AFTER SCHOOL PROGRAM | | 4-5PM AFTER SCHOOL PROGRAM | 1:30-4:30PM PICKLEBALL BOOKING | | 4-6PM AFTER SCHOOL PROGRAM | |
| | 4:45-7:15PM BASEBALL / JR. MARTIAL ARTS | 5:30PM-6:30PM TEEN GROUP TRAINING | 5-5:30PM OPEN GYM | 4:30-6:30PM OPEN GYM | 6-9:30PM OPEN GYM | 3-7:30PM OPEN GYM | |
| | 7:15-11:30PM OPEN GYM | 6:30-7:30PM OPEN GYM | 5:30-6:30PM JR. MEMBERS CLUB | 6:30-9:30PM PICKLEBALL | | | |
| | | 7:30PM-9:30PM TABLE TENNIS | 6:30-8pm Open Gym | | | | |
| | | 9:30-11:30PM OPEN GYM | 8-10 PM BASKETBALL DROP-IN (ADULT) | | | | |

When programming is not in session, it is an **OPEN GYM**. Basketballs and volleyballs are available to be signed out at the front desk.

Kids Sports Programs are for Mayfair members and non-members between the ages of 8-12.

Adult Programs are for Mayfair members and non-members who are 16+ years old.

Facility Bookings, including birthday parties, will use the multi-gym during Open Gym.

For more information, contact the Lakeshore front desk at (416)466-3777. Mayfair Clubs Management reserves the right to review & revise the Multi-Gym Schedule.