

# AQUATICS SCHEDULE

3855 Chesswood Drive  
Downsview, ON M3J 2P6  
(416) 638-1010 Ext. 4235

Schedule Effective: January 7th 2018

Pool Length: 20 metres/Shallow End:1.1 metres/Deep End: 1.7 metres; Pool Temperature: 84°-87°F/30°-31°C

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING/ AFTERNOON		<b>6-11:15AM</b> Lane Swim  **	<b>6-11:15AM</b> Lane Swim  **	<b>6-11:15AM</b> Lane Swim	<b>6-11:15AM</b> Lane Swim	<b>6-9:30AM</b> Lane Swim  **	<b>7-9:00AM</b> Adult Swim  **	<b>7-9:00AM</b> Adult Swim  **
		<b>11:15AM-12:15PM</b> <b>AQUA FIT</b> <i>Marina</i> (1 Lane Open)	<b>11:15AM-12:15PM</b> <b>AQUA FIT</b> <i>Marina</i> (1 Lane Open)	<b>10:00AM-11:00</b> <b>AQUA FIT</b> <i>May</i> (1 Lane Open)	<b>11:15AM-12:15PM</b> <b>AQUA FIT</b> <i>Marina</i> (1 Lane Open)	<b>10:00-11:00AM</b> <b>AQUA FIT</b> <i>Olena</i> (1 Lane Open)	<b>9AM-12:15PM</b> Swim Lessons (1 Lane Open)	<b>9AM-12:15PM</b> Swim Lessons (1 Lane Open)
		<b>12:15-3:45PM</b> Open Swim	<b>12:15-3:45PM</b> Open Swim	<b>10:30AM-3:45PM</b> Open Swim	<b>12:15-3:45PM</b> Open Swim		<b>12:15-1:00PM</b> Open Swim	<b>12:15-1:00PM</b> Open Swim
		<b>3:45-8PM</b> Swim Lessons (1 Lane Open)	<b>3:45-8PM</b> Swim Lessons (1 Lane Open Until 6:30)	<b>3:45-8PM</b> Swim Lessons (2 Lanes Open)	<b>3:45-8PM</b> Swim Lessons (1 Lane Open)	<b>10:30AM-11:30PM</b> Open Swim	<b>1:00-6:00PM</b> Swim Lessons (1 Lane Open)	<b>1:00-6:00PM</b> Swim Lessons (1 Lane Open)
EVENING		<b>7-8PM</b> Swim Team (1 Lane Open)	<b>7:15-8:15PM</b> Adult fitness swim (1 Lane Open)				<b>6-9:30PM</b> Open Swim	<b>6-9:30PM</b> Open Swim
		<b>8-11:30PM</b> Open Swim  **	<b>8:15-11:30PM</b> Open Swim  **	<b>8-11:30PM</b> Open Swim  **	<b>8-11:30PM</b> Open Swim  **			

Notice of pool closures will be posted at the Front Desk for Saturdays & Sundays between 10AM-5PM; Mayfair Clubs Management reserves the right to review and revise the Aquatics Schedule.

\*\* Times when personal training is available. Classes highlighted in blue are adult programs.

**Our Pool Temperature is between 84°- 87°**

## **POOL RULES**

- No outside shoes are allowed on deck. This is to prevent debris and other contaminants from entering the pool area, which may then be transferred into the water. This rule applies to swimmers as well as parents or family members who sit on the deck.
- All swimmers must wear swim caps while in the pool.

**(Regulation code 568 or R.R.O 1990)**

## **HEALTH REGULATIONS**

**1:** Everyone shall bathe with soap before entering the pool.

**2:** No person infected with a communicable disease or having open sores on his/her body shall enter the pool enclosure.

**3:** No person shall bring a glass container onto the deck or into the pool

**4:** No person shall pollute the water in any manner; spitting, spouting of water and blowing the nose in the pool or on the deck are prohibited.

**5:** No person shall engage in boisterous play in or around the pool

**6:** Where a Lifeguard is provided, the lifeguard must be obeyed at all times.

**(Regulation code 568 or R.R.O 1990)**

## **CAUTION**

### **THIS POOL IS UNSUPERVISED**

- Bathers less than 12 years of age are not allowed within the pool enclosure unless accompanied by a parent or his/her agent who is not less than sixteen years of age.
- All children must be at arm's reach of parents when swimming in the pool.

**(Regulation code 568 or R.R.O 1990)**