

# REGISTRATION

## Participant's Information

ARE YOU A MAYFAIR MEMBER?  YES  NO

<input type="text"/>	<input type="text"/>
LAST NAME	FIRST NAME

<input type="text"/>	<input type="text"/>	<input type="text"/>
MEMBER # (IF A MAYFAIR MEMBER)	GENDER	AGE

<input type="text"/>	<input type="text"/>
HEALTH CARD NUMBER	PHYSICIAN'S NAME & PHONE

Please specify any medical conditions with regards to participant (allergies, special needs).

## Parent/Guardian's Information

<input type="text"/>	<input type="text"/>
NAME(S)	RELATIONSHIP TO PARTICIPANT

ADDRESS

<input type="text"/>	<input type="text"/>
CITY	POSTAL CODE

<input type="text"/>	<input type="text"/>
HOME PHONE	BUSINESS PHONE

<input type="text"/>	<input type="text"/>
CELL PHONE	E-MAIL

PARENT/GUARDIAN SIGNATURE

(By signing, you are acknowledging that you have read the below)

**Cancellation Policy:** To receive a refund, notice of cancellation must be provided to the club (in writing or by email) five days before the start of your child's registered session.

By use of club facilities, I expressly agree that Mayfair Clubs, its officers, directors, employees, servants or agents, shall not be liable in any manner whatsoever for any damages of any nature or kind whatsoever arising from any injuries sustained by my child while in or about the premises of said facilities; nor shall Mayfair Clubs, its officers, directors, employees, servants or agents, be held liable for any loss or theft, however caused, whether such injury, loss or damage is caused by an act of negligence or omission of staff, management or any other person.

I hereby grant Mayfair Clubs permission to use any photographs or video of the participant in publications, displays, presentations or other related use in any format (print, electronic, www site, or other media) for the purpose of promoting Mayfair Clubs events, activities and projects. I waive any copyright or other rights I may have in use of images.



MAYFAIR PARKWAY

50 Steelcase Road East  
Markham, ON L3R 1E8  
(905) 475-0350

# KIDS MMA FITNESS

2019-20

AGES  
7-12



mayfairclubs.com

## KIDS MMA FITNESS

A boot camp-style program which integrates basic Mixed Martial Arts movements into every class, to create fun, full-body workouts in a small group setting. This program focuses on developing:

- Body Awareness & Coordination
- Aerobic & Anaerobic Conditioning
- Balance & Strength
- Confidence

Classes have a maximum of 6 participants to allow for personalized instruction.

## KIDS MMA FITNESS PROGRAM

**Session 1:** September 18–November 20, 2019 (9 weeks)

**Session 2:** January 11–March 18, 2020 (9 weeks)

**Session 3:** April 1– June 3, 2020 (9 weeks)

### Ages 7-12

Wednesdays 5:00pm–6:00pm

## COST

### Members

\$223

### Drop-in classes:

Subject to availability

### Non-Members

\$250

\$27/class



## REGISTRATION (CONT'D)

### EARLY BIRD REGISTRATION SESSIONS ONLY:

**Session 1:** August 31, 2019

**Session 2:** December 21, 2019

**Session 3:** March 7, 2020

**SAVE \$25**

### Program Selection:

Choose session:

- September 18–November 20, 2019 (9 weeks)
- January 11–March 18, 2020 (9 weeks)
- April 1– June 3, 2020 (9 weeks)

### No sessions:

March 11, 2020

### Please submit form to:

**Kevin Power**

Sports & Aquatics Supervisor

50 Steelcase Road East, Markham, ON

Phone: (905) 475-0350 ext. 3267

E-mail: parkwayaquatics@mayfairclubs.com

### Payment Method

Charge Member Account    Visa    Master Card    Amex

CREDIT CARD NUMBER

EXPIRY DATE

NAME ON CREDIT CARD

(SHRED AFTER USE)