

# AQUATICS SCHEDULE

Schedule Effective: September 1, 2019

801 Lake Shore Blvd. E.  
Toronto, ON M4M 1A9  
(416) 466-3777 Ext. 2241

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	<b>6-9AM</b> Open Swim	<b>6-9AM</b> Open Swim	<b>6-9AM</b> Open Swim	<b>6-9AM</b> Open Swim	<b>6-9AM</b> Open Swim	<b>7-9AM</b> Open Swim	<b>7-9AM</b> Open Swim
	<b>9-9:50AM</b> <b>AQUA FIT</b> <i>Corina</i>	<b>9-9:50AM</b> <b>ROCKIN' AQUA FIT</b> <i>Miranda</i>	<b>9-9:50AM</b> <b>AQUA FIT</b> <i>Ava</i>	<b>9-9:50AM</b> <b>AQUA FIT</b> <i>Miranda</i>	<b>9-9:50AM</b> <b>AQUATIC TURBO</b> <i>Dawn</i>	<b>9AM-12:15PM</b> Swim Lessons <i>(1 Lane Open)</i>	<b>9AM-12:15PM</b> Swim Lessons <i>(1 Lane Open)</i>
	<b>9:50-10:20AM</b> <b>POWER JOG</b> <i>Corina</i>	<b>9:50-10:20AM</b> <b>POWER JOG</b> <i>Miranda</i>	<b>9:50-10:20AM</b> <b>POWER JOG</b> <i>Ava</i>	<b>9:50-10:20AM</b> <b>POWER JOG</b> <i>Miranda</i>	<b>9:50-10:20AM</b> <b>POWER RESISTANCE JOG</b> <i>Dawn</i>		
	<b>10:20AM-3:30PM</b> Open Swim <i>(1 Lane Swim Lessons)</i>	<b>10:20AM-3:30PM</b> Open Swim <i>(1 Lane Swim Lessons)</i>	<b>10:20AM-3:30PM</b> Open Swim <i>(1 Lane Swim Lessons)</i>	<b>10:20AM-3:30PM</b> Open Swim <i>(1 Lane Swim Lessons)</i>	<b>10:20AM-3:30PM</b> Open Swim <i>(1 Lane Swim Lessons)</i>		
EVENING	<b>3:30-7PM</b> Swim Lessons <i>(1 Open Lane)</i>	<b>3:30-7PM</b> Swim Lessons <i>(1 Open Lane)</i>	<b>3:30-7PM</b> Swim Lessons <i>(1 Open Lane)</i>	<b>3:30-7PM</b> Swim Lessons <i>(1 Open Lane)</i>	<b>3:30-8PM</b> Swim Lessons <i>(1 Open Lane)</i>	<b>12:15-1PM</b> Open Swim	<b>12:15-1PM</b> Open Swim
	<b>7:05-7:55PM</b> <b>AQUA FIT</b> <i>Corina</i>	<b>7-8PM</b> Swim Team	<b>7:05-7:55PM</b> <b>AQUA FIT</b> <i>Ava</i>	<b>7-8PM</b> Swim Team		<b>1-4:30PM</b> Swim Lessons <i>(1 Lane Open)</i>	<b>1-4:30PM</b> Swim Lessons <i>(1 Lane Open)</i>
	<b>8-11:30PM</b> Open Swim	<b>8-11:30PM</b> Open Swim	<b>8-11:30PM</b> Open Swim	<b>8-11:30PM</b> Open Swim	<b>8-10:30PM</b> Open Swim	<b>4:30-6:30PM</b> Party Booking	<b>4:30-6:30PM</b> Party Booking
						<b>6:30-9:30PM</b> Open Swim	<b>6:30-9:30PM</b> Open Swim

\* Notice of pool closures for birthday parties will be posted at the Front Desk for Saturdays & Sundays 4:30-6:30PM. Contact the front desk for inquiries.

Mayfair Clubs Management reserves the right to review and revise Aquatics Schedule.