

MULTI-GYM Schedule

801 Lake Shore Blvd. E.
Toronto, ON M4M 1A9
(416) 466-3777 Ext. 2241

SCHEDULE EFFECTIVE: September 10, 2019

Legend:		Drop-In Sports	Open Gym	Private Booking	Programs	Kidspace	
MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	6-11AM OPEN GYM	6-9:15AM OPEN GYM	6-10:15AM OPEN GYM	6-11AM OPEN GYM	6-11AM OPEN GYM	7-9AM OPEN GYM	7-9:30AM OPEN GYM
		9:15-10:05AM YOGO				10:15-11AM YOGO	
		10:05-11AM OPEN GYM	11-11:30AM KIDSPACE			11-11:30AM KIDSPACE	11-11:30AM KIDSPACE
	11-11:30AM KIDSPACE	11-11:30AM KIDSPACE	11-11:30AM KIDSPACE	11-11:30AM KIDSPACE	11-11:30AM KIDSPACE	11-11:30AM KIDSPACE	11-11:30AM KIDSPACE
EVENING	11:30AM-4PM OPEN GYM	11:30AM-5PM OPEN GYM	11:30AM-4:30 PM OPEN GYM	11:30AM-1:30PM OPEN GYM	11:30AM-4:30PM OPEN GYM	12-1PM JUNIOR MEMBERS CLUB	1-4:30PM OPEN GYM
	4-5PM AFTER SCHOOL PROGRAM		4:30-5:30PM AFTER SCHOOL	1:30-3:30PM LEARN TO PLAY PICKLEBALL		3:30-4:30PM OPEN GYM	
	5-7:15PM BASEBALL / JR. MARTIAL ARTS	4:30-5:30PM AFTER SCHOOL	5:30-8PM OPEN GYM	4:30-5:30PM AFTER SCHOOL	4:30-5:30PM AFTER SCHOOL	3:30-4:30PM OPEN GYM	
	7:15-11:30PM OPEN GYM	6:30-7:30PM OPEN GYM		5:30-11:30PM OPEN GYM	5:30-10:30PM OPEN GYM	4:30-5:30PM PRIVATE BOOKING	
		7:30-9:30PM TABLE TENNIS	8-10 PM BASKETBALL DROP-IN (ADULT)			5:30-9:30PM OPEN GYM	4:30-5:30PM PRIVATE BOOKING
		9:30-11:30PM OPEN GYM	10-11:30PM OPEN GYM			5:30-9:30PM OPEN GYM	5:30-9:30PM OPEN GYM

When programming is not in session, it is an **OPEN GYM**. Basketballs and volleyballs are available to be signed out at the front desk.

Kids Sports Programs are for Mayfair members and non-members between the ages of 4-12.

For more information, contact the Lakeshore front desk at (416)466-3777. Mayfair Clubs Management reserves the right to review & revise the Multi-Gym Schedule.