

bistro and bar

at Mayfair Clubs

BREAKFAST *(served until 11am)*

Cold Cereal \$2.65

Choice of Cheerios, Shreddies or Raisin Bran.

Hot Oatmeal \$6.75

Served with sliced banana & syrup on the side.

Yogurt Granola/Berry Parfait \$7.15

Mixed seasonal fruit with plain yogurt & granola.

Buttermilk Pancakes \$9.00

Three buttermilk pancakes garnished with fresh fruit & served with pancake syrup.

French Toast \$11.25

Three pieces of Texas toast, dipped in a cream, cinnamon and egg wash & pan fried until golden. Sprinkled with icing sugar and served with a side of fresh fruit.

Breakfast Bagel \$8.25

One egg, three slices of bacon or ham, lettuce & tomato on a bagel.

Smoked Salmon \$13.00

Smoked salmon with tomato, onion and capers + cream cheese on your choice of bread or bagel. Served with a side of fresh fruit.

Eggs Benedict \$10.95

Two eggs poached your way & peameal bacon on an English muffin, topped with hollandaise sauce. Served with home fries or salad & a side of fresh fruit.

Eggs Benjamin \$12.95

Two eggs poached your way & smoked salmon on an English muffin, topped with hollandaise sauce. Served with home fries or salad & a side of fresh fruit.

Breakfast Burrito \$10.95

Scrambled eggs, ham, bacon, onions, jalapeños & cheddar cheese, wrapped in a whole wheat tortilla (no toast).

European Egg White Frittata \$12.95

Three eggs with spinach, red peppers & goat cheese (no toast).

The Fisherman's Breakfast \$14.50

Two poached eggs on sliced tomato, served with smoked salmon & pita bread, garnished with fruit (no toast).

Protein Breakfast \$17.50

6oz strip loin steak & two eggs any style, garnished with fresh fruit, sliced tomato and home fries or house salad.

Mayfair Bistro Breakfast \$9.95 *(until 3pm)*

Two eggs any style with your choice of bacon, sausage or peameal bacon. Served with home fries or salad & toast.

OMELETTES

Served with toast & home fries or house salad.

Substitute with fruits for \$3.00.

Mayfair Omelette \$12.95

Three eggs with ham, mushroom, caramelized onions & Monterey Jack cheese.

Western \$10.95

Three eggs with ham, peppers & onion.

Mexicana Omelette \$11.25

Three eggs with tomato, onion, coriander, jalapeños & salsa.

Omelette Your Way \$5.25

Three egg omelette with your choice of the following ingredients.

Add ingredients for \$2.00/each

Choose: Swiss cheese, cheddar cheese, feta cheese, goat cheese, ham, bacon, peameal bacon, tomato, mushrooms, green peppers, jalapeño, onion, baby spinach & broccoli.

BREAKFAST SANDWICHES

Served on your choice of bread or bagel, toasted or plain.

1 fried egg \$3.25

1 egg with tomato \$3.50

1 egg with cheese \$3.75

1 egg with avocado \$5.25

1 egg with peameal \$4.50

1 egg on French Toast with

bacon + fried egg \$9.50

SIDES

One egg (any style) \$1.75

Bacon (3 pcs) \$3.00

Ham (3 pcs) \$3.00

Sausages (3pcs) \$3.00

Peameal Bacon (3 pcs) \$3.75

Smoked Salmon (3 oz) \$8.00

Toast (1 pc) \$1.00

Bagel \$2.00

Bagel & cream cheese \$4.00

English Muffin \$2.00

French Toast (1 pc) \$3.00

Pancakes (2 pcs) \$4.00

Home Fries \$2.50

Three Tomato Sliced \$1.50

1/2 Avocado \$3.25

Small Fruit Bowl \$4.50

BREAKFAST BEVERAGES

Coffee \$1.55

Tea \$1.55

Milk (250ml) \$2.00

Hot Chocolate \$2.25

Chocolate Milk (250ml) \$2.00

Bottled Water (500ml) \$2.00

San Pellegrino (500ml) \$3.25

Tomato Juice (284 ml) \$2.50

Tropicana Orange Juice \$3.50

Black River Juices \$3.50

Juice Box \$1.00

Gatorade \$3.55

Naked Smoothies \$6.00

FOOD ALLERGY WARNING: All menu items may contain peanuts, eggs, dairy or shellfish product.

**Prices are subject to applicable taxes.*