

BASKETBALL

Our program offers a low teacher to student ratio, which allows players to quickly progress in their game. Each class is one hour in length and will be customized to fit the needs of each participant. Basketball training sessions will help players improve:

- Shooting
- Quickness
- Scoring
- Athleticism
- Ball handling
- Coordination
- Passing
- Confidence
- Rebounding
- Footwork

GROUP TRAINING SESSIONS

Saturdays from 1:00pm - 2:00pm - Ages: 5 - 8 years

Saturdays from 2:00pm - 3:00pm - Ages: 9 - 14 years

Thursdays from 5:45pm - 6:45pm - Ages: 5 - 8 years

Fees for Fall and Spring (HST not included)

Member Price: \$250/participant

Non-Member Price: \$350/participant

Fees for Winter (HST not included)

Member Price: \$200/participant

Non-Member Price: \$280/participant

Sessions

Fall: September 23 - December 9, 2019

Winter: January 6 - March 9, 2020

Spring: March 30 - June 8, 2020

*No classes on holidays *Open age range, group training only.

PRIVATE & GROUP BASKETBALL TRAINING

Private Training (1 participant)

Personalized one-on-one training that is ideal for students looking to quickly progress in a tailor-made basketball program.

Semi-Private Training (2 participants)

One-on-two training where children work with an instructor to develop their game in a private training environment.

*Private and small group training class times are based on the schedule of the trainer and the multi-gym schedule.

For more information contact Lakeshore Junior Sports and Recreation at

lakeshoresports@mayfairclubs.com.

REGISTRATION (CONT'D)

Training Options (HST not included)

Group Training (Ages 5-14)

Choose session day(s):

- September 23 - December 9, 2019
- January 6 - March 9, 2020
- March 30 - June 8, 2020

Choose time(s):

- Saturdays 1:00pm-2:00pm (Ages 5-8)
- Saturdays 2:00pm-3:00pm (Ages 9-14)
- Thursdays 5:45pm-6:45pm (Ages 5-8)

Semi-Private Training, 2 participants

\$40 / class per participant

Do you need help finding a group training partner?

- Yes No

Private Training, 1 participant

\$60 / class per participant

Please submit form to:

Mayfair Lakeshore

Junior Sports & Recreation

801 Lakeshore Blvd East

Toronto, ON M4M 1A9

(416) 466-3777

E-mail: lakeshoresports@mayfairclubs.com

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