

# MULTI-GYM Schedule

801 Lake Shore Blvd. E.  
Toronto, ON M4M 1A9  
(416) 466-3777

SCHEDULE EFFECTIVE: February 2020

Legend:		Drop-In Sports	Open Gym	Private Booking	Programs	Kidspace		
MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
MORNING	6-11AM OPEN GYM	6-9:15AM OPEN GYM	6-10:15AM OPEN GYM	6-11AM OPEN GYM	6-11AM OPEN GYM	7-9AM OPEN GYM	7-9:30AM OPEN GYM	
		9:15-10:05AM YOGO				10:15-11AM YOGO	9-11AM JR. MARTIAL ARTS	9:30-10AM KIDSPACE
		10:05-11AM OPEN GYM	11-11:30AM KIDSPACE			11-11:30AM KIDSPACE	11-11:30AM KIDSPACE	11-11:30AM KIDSPACE
	11-11:30AM KIDSPACE	11-11:30AM KIDSPACE	11AM -1:00PM PRIVATE BOOKING	11-11:30AM KIDSPACE	11-11:30AM KIDSPACE	11-11:30AM KIDSPACE	11AM-12PM LITTLE KIDS SPORTS CLUB	12-1PM JUNIOR MEMBERS CLUB
EVENING	11:30AM-4PM OPEN GYM	11:30AM-4:30PM OPEN GYM	1:00PM-4:30 PM OPEN GYM	11:30AM-1:30PM OPEN GYM	11:30AM-4:30PM OPEN GYM	12-1PM JUNIOR MEMBERS CLUB	1-4:30PM OPEN GYM	
	4-5PM AFTER SCHOOL PROGRAM		4:30-5:30PM AFTER SCHOOL	1:30-3:30PM LEARN TO PLAY PICKLEBALL		3:30-4:30PM OPEN GYM		1-3PM BASKETBALL PROGRAM
	5-7:15PM BASEBALL / JR. MARTIAL ARTS	4:30-5:30PM AFTER SCHOOL	5:30-8PM OPEN GYM	4:30-5:30PM AFTER SCHOOL	4:30-5:30PM AFTER SCHOOL	4:30-5:30PM AFTER SCHOOL		3:30 -4:30PM OPEN GYM
		5:30-6:30PM TEEN GROUP TRAINING		5:30-6:30PM JUNIOR MEMBERS CLUB	6:30 - 8:30PM ADULT PICKLEBALL DROP-IN			4:30-7:00PM PRIVATE BOOKING
	7:15-11:30PM OPEN GYM	6:30-7:30PM OPEN GYM		8-10 PM ADULT BASKETBALL DROP-IN	8:30-11:30PM OPEN GYM	5:30-10:30PM OPEN GYM		7:00PM -9:30PM OPEN GYM
		7:30-9:30PM TABLE TENNIS	10-11:30PM OPEN GYM	9:30-11:30PM OPEN GYM				

When programming is not in session, it is an **OPEN GYM**. Basketballs and volleyballs are available to be signed out at the front desk.

*Kids Sports Programs are for Mayfair members and non-members between the ages of 4-12.*

*For more information, contact the Lakeshore front desk at (416)466-3777. Mayfair Clubs Management reserves the right to review & revise the Multi-Gym Schedule.*